

Alliance ENT & Hearing Center

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Home Care Following Myringotomy Surgery

Please follow these instructions to ensure a safe recovery.

Activity:

- Rest today.
- Resume activities tomorrow as tolerated.

Discomfort:

- Minimal pain, if any, is expected.
- Take Tylenol appropriate for the patient's weight and age.
- NOTIFY your doctor if severe pain is present.

Care of the ears:

- Expect a small amount of pink-tinged, clear, odorless drainage.
- If red, bright pink or cloudy drainage is present, CALL YOUR DOCTOR.
- Place the 4 drops of the prescribed ear drops in the ears twice a day for 3 days. Save the drops for later use, if needed.
- DO NOT let water enter the ears:
- NO swimming without earplugs.
- Bathe or shower cautiously-ALWAYS place the ear plugs or use Vaseline coated cotton balls when bathing.

Notify your doctor with any of the following:

- Fever over 101 degrees by mouth.
- Excessive drainage from the ears.
- Excessive pain from the ears.

Appointments:

- Call 727-0910 to schedule a post-op appointment to see your doctor in 2 weeks.